

Wraparound Oregon: Early Childhood

Volume 1, Issue 3 Summer 2008

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Training Info: Wraparound Oregon Training Opportunities

Tuesday, July 29, 2008

10:00 a.m. – 12:00 p.m.

Wraparound 101

Target Audience: Team/Community members sitting on wraparound teams

Location: Multnomah Education Service District – 11611 NE Ainsworth Circle

For more information about upcoming Wraparound Oregon trainings, please contact Sandy Bumpus, Training Coordinator – 503-758-8774

The Director's Corner

This past quarter there has been positive infrastructure activities taken place that will help us provide better services to our families and children as we work to increase the capacity of our child serving system.

Another **Live Wrap** training took place in April. This time we trained 8 co-facilitators to start offering Live Wrap more frequently. Another training will be offered in the fall.

We held a joint meeting of the **Steering Committee and the Family Advisory Committee** in May. The purpose was to strengthen the ties between the two committees. It was a very good session and the follow-up work has already started.

The **"I Fit In"** social marketing campaign was launched in May with a public service announcement (PSA). The PSA can be seen and heard on Channel 6 KOIN, FM Z100, AM 620 KPOJ and 1190 KEX, 30 Tri-Met bus banners and 40 movie screens throughout Portland and Gresham. The campaign promotes a public awareness of positive children's mental health and has been very well received.

Finally, the interviews for a **Cultural and Linguistic Competency Coordinator** have been conducted and the hiring will take place just after this Newsletter goes to press. There will be more about this important position in the next addition.

We have entered into an agreement with the Oregon Family Support Network (OFSN) to help fund a new Regional Coordinator for OFSN to serve the Metro area. OFSN is a statewide family run organization and is part of the national Federation of Families. We are pleased to announce the hiring of **Carrie Leavitt** as the new Regional Coordinator. She is a parent of a child receiving services and has a lot of experience in this work. Carrie will help facilitate the Family Advisory Council as well as work toward developing a sustainable family organization for our community.

Thanks to all who have continued to work and support Wraparound Oregon: Early Childhood. Your enthusiasm, dedication and good work is making a difference in the lives of many children and families.

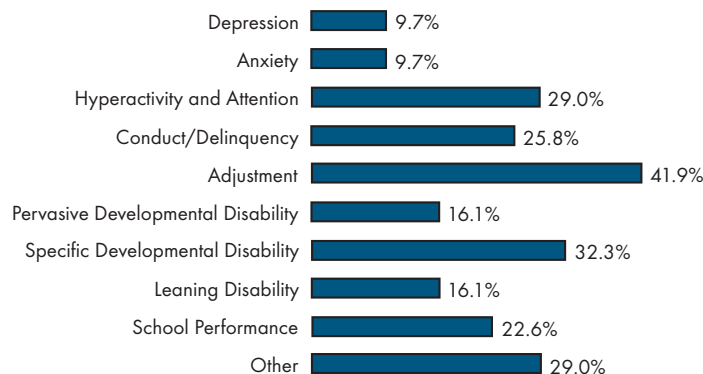
Rob Abrams Rob Abrams, MSW
Project Director, Wraparound Oregon: Early Childhood

Who are we serving?

Wraparound Oregon: Early Childhood (WO:EC) is committed to serving young children who are experiencing significant emotional and behavioral concerns and their families. When a family decides to enroll in WO:EC they answer several questions about their child and family. The Family Team Facilitator completes the Enrollment and Demographic Information Form (EDIF) based on the information provided by the family and the per-

son who referred the child to WO:EC. The families who participated agreed to share this information confidentially so that we can better understand who we are serving and the challenges that children and families face. The following chart shows the presenting problems of 31 children. This data is a **sample size** and does not reflect the actual number of children and families participating in WO:EC.

Presenting Problems at Time of WO:EC Enrollment



* Because some of the children enrolled may have presented with more than one problem, the percentages may sum to more than 100%.

Welcome Carrie Leavitt

Metro Area - Regional Director for Oregon Family Support Network (OFSN)

Wraparound Oregon extends a warm welcome to Carrie Leavitt, Regional Director for the Oregon Family Support Network's Portland Metro office.

As Regional Director for OFSN, Carrie will be working to bring family stakeholder groups across the Portland Metro area together to decide on the family support organization needs, including structure, programs and supports for families.

Carrie has an extensive background in program management, development, service/program planning and implementation. She has also worked cooperatively among community stakeholder groups that have diverse needs and service providers who offer assistance and supports to families in need.

The Oregon Family Support Network is a family-run organization. Families are hired to provide specific programs and supports to families who have children with emotional and/or behavioral difficulties. Carrie's experience as the parent of a child with special needs was a major influence in seeking the position.

"As the mother of a child, nearing adolescence, significantly affected by both developmental and emotional/behavioral disabilities, I am keenly and painfully aware of the challenges the family faces. I am familiar with many of the supports that are available and also where there is a lack of support and coordination. I am excited about my new role with OFSN. It is my hope that with involvement of families in the Metropolitan area I will be able to help foster the development of a family-centered and family-driven chapter of OFSN that provides meaningful support of the needs of families with children, youth, and young adults with emotional, behavioral, mental and/or physical challenges and special needs."

In her role as Regional Director, Carrie will be meeting with various family stakeholder groups to engage a community dialogue to identify program and support needs. She will be attending community meetings initially to meet and get to know families and community partners. You can reach Carrie by email at carrie.leavitt@ofsn.org.

It is a well-known fact that one of the hallmarks of true system change is evidence of a strong family organization. We are excited that Carrie is on board and helping to build a robust future for families in the Portland Metro area.

For more information about the Oregon Family Support Network, please visit online at www.ofsn.org.

Family Involvement at a Glance:

This article is written by Adrianna Richard, family member and active Wraparound Oregon volunteer, who participated in the "Live Wrap" Training with Connie Conklin. The workshop is designed to train the trainer so Adrianna wanted to put the workshop to the test.

After attending my first "Live Wrap" training, I was interested to see what this experience meant to other family members. I interviewed Linda Thompson, a family member who attended "Live Wrap" as a family partner/trainer. Linda is the proud mother of four children, a dozen grandchildren and the foster parent of three children who have developmental disabilities. Linda became involved with wraparound when she took in a foster child who already had a wrap team. Previously, she had no knowledge of wraparound, so she decided to attend "Live Wrap" because she was interested in learning more about the wraparound process.

What Linda had to say about her "Live Wrap" experience

What benefits did you gain from attending "Live Wrap"?

"Live Wrap" was a huge eye opener. My foster child came with a wraparound team and because the team was originally formed with the biological family, I felt like I was playing catch up. I attended the workshop because I was interested in educating myself about the wraparound process as I had never been on a wrap team before. Through this training, I was able to see what the process was intended to look like as well as the multiple benefits that can be achieved through using the process. Now, I feel like I have a great blueprint of the process. This training gave me the framework to achieve maximum benefits from this approach. I discovered how it could be used to achieve our foster child's goals and the benefits it could offer families. I originally thought wraparound was another entity we would need to incorporate into the long list of providers our foster child came with. I now understand that wraparound is not another service, but a clearing house that helps make sense out of everything else that is going on. It helps everyone share the same goals and visions and it provides for a road map for the child. Wraparound consolidates services and allows the whole team to be informed together, allowing immediate clarification and efficient and creative problem solving. I now see the wraparound process provides an umbrella or overarching approach to the coordination of all the services. It holds everything together, and is a very logical process.

What benefits did you see "Live Wrap" lending to the professionals who attended?

I think "Live Wrap" shows the benefits and values of the whole concept. The professionals who attended learned how important it is for everyone to be included in the wrap team. They were able to see what can come out of everyone sitting down together to make plans for the benefit of the child. Participants were able to see that many people provide services to the same child but they are not a team. The wraparound process makes them a team and increases the chance of success and positive outcomes for the children. The "Live Wrap" training allowed the participants to have a real family experience and the process provided activities that took them through the stages of the wraparound process.

What did you like best about the "Live Wrap" training?

Going through the entire wraparound process from start to finish was extremely helpful. I enjoyed interacting with the people on my team through the many activities.

What would you like to see more of in future "Live Wrap" trainings?

There was so much information presented over a short amount of time. This training could easily fill up five days. Having more time, would allow more time to participate in the group activities. I'm interested to learn more about how to include young children in the wrap team meetings. Our child who receives wrap services is younger so I am eager to learn more about the early childhood portion of the wrap process.

Would you attend another "Live Wrap" training?

I would love to attend "Live Wrap" a second time. The next time around I could get more specific information instead of needing to concentrate on the basics.

The training was lead by Connie Conklin, LMSW. She is a national trainer who is well known for her wraparound training expertise. The "Live Wrap" trainings are sponsored by Wraparound Oregon, Portland State University, Albertina Kerr Centers, and Multnomah Education Service District, Meyer Memorial Trust, Robert Wood Johnson Foundation, SAMHSA, Northwest Health Foundation, Oregon Community Foundation and the Office of Juvenile Justice and Delinquency Prevention (OJJDP).

If you are interested in attending a "Live Wrap" training or need more information contact Sandy Bumpus at (503) 257-1660 or email: sbumpus@mesd.k12.or.us

News from the Wraparound Oregon Family Advisory Council

Family Fun Night – huge Success

Thanks to a generous grant from the MESD Foundation, the Wraparound Oregon Family Advisory Council (FAC) has organized two family fun night events for families involved with Wraparound Oregon Early Childhood project.

The first event, Bumper Bowling at the Rose Bowl in Portland on February 24th, was well attended with over 70 people – okay, most of them were children, so naturally everyone had fun. Families enjoyed rounds of bowling, pizza and soda. Many strikes were witnessed in the various groups. There may even be some budding bowling professionals.

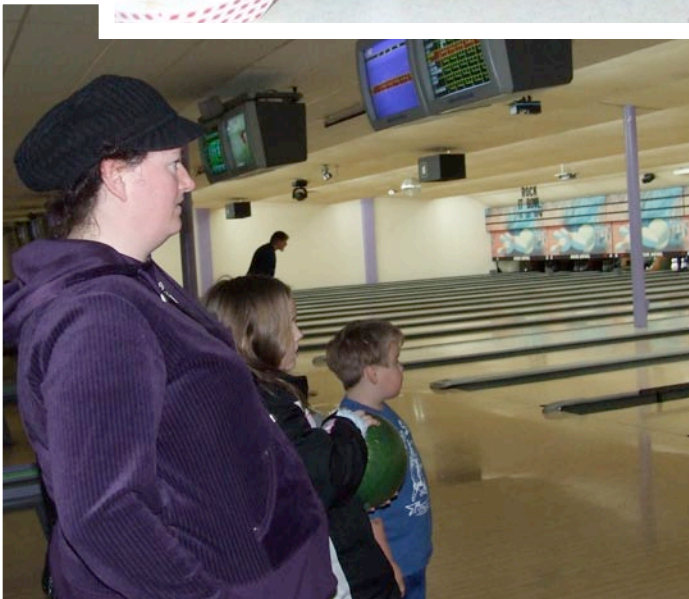
On May 3rd, many children and adults (over 70 people) gathered at the Mt. Scott Community Center for an afternoon of roller skating, swimming, food, socializing and a chance to win door prizes.



The purpose of the family fun nights is to increase outreach to families, provide fun, and have low-cost or free activities for families to participate with their children. The benefit is everyone gets an opportunity to get to know one another and develop friendships and support systems.

With each Family Fun Night event, FAC has seen an increase in interest and participation at its monthly meetings and other family training events.

Remember every FAC meeting is open to all families. Please join FAC on the 2nd Tuesday of each month. The meetings are at Albertina Kerr Centers, 722 NE 162nd Ave at 6:00 p.m. A light dinner and childcare are provided. Please call Aniko Campbell at (503) 257-1662 if childcare is needed.



Ten Principles of Wraparound

- 1. Family Voice and Choice.** Family and youth/child perspectives are intentionally elicited and prioritized during all phases of the wraparound process. Planning is grounded in family members; perspectives, and the team strives to provide options and choices such that the plan reflects family values and preferences.
- 2. Team Based.** The wraparound team consists of individuals agreed upon by the family and committed to them through informal, formal and community support and service relationships.
- 3. Natural Supports.** The team actively seeks out and encourages the full participation of team members drawn from family members' networks of interpersonal and community sources of natural support.
- 4. Collaboration.** Team members work cooperatively and share responsibility for developing, implementing, monitoring and evaluating a single wraparound plan. The plan reflects a blending of team members' perspectives, mandates and resources. The plan guides and coordinates each team member's work towards meeting the team's goals.
- 5. Community-Based.** The wraparound team implements service and support strategies that take place in the most inclusive, more responsive, most accessible and least restrictive setting possible; and that safely promote child and family integration into home and community life.
- 6. Culturally Competent.** The wraparound process demonstrates respect for and builds on the values, preferences, beliefs, culture and identity of the child/youth and family, and their community.
- 7. Individualized.** To achieve the goals laid out in the wraparound plan, the team develops and implements a customized set of strategies, supports and services.
- 8. Strengths-based.** The wraparound process and the wraparound plan identify, build on and enhance the capabilities, knowledge, skills and assets of the child and family, their community and other team members.
- 9. Persistence.** Despite challenges, the team persists in working toward the goals included in the wraparound plan until the team reaches agreement that a formal wraparound process is no longer required.
- 10. Outcome-based.** The team ties the goals and strategies of the wraparound plan to observable or measurable indicators of success, monitors progress in terms of these indicators and revises the plan accordingly.

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If you have an interesting story or would you like to contribute to Wraparound Oregon's newsletter contact:
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June 2008

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------|---|--|---|-----|-----|---|
| 1 | 2 Executive Committee 12:15-1p Judge Waller's Courtroom/School Age project Op. Team meets immediately after in Judge Waller's jury room. | 3 WO:EC Admin Mtg Cafeteria 8:30a-10a FAC, 6p-8p, KERR Chapel Coordinating Council 1-5p Community Forum 12n-1:30p, City Hall Rose Rm | 4 Intake RM346 10:30a-12n | 5 | 6 | 7 |
| 8 | 9 E-Team, 12:30-2pm | 10 WO:EC Admin Mtg Cafeteria 8:30a-10a | 11 Intake RM346 10:30a-12n Steering Com. Mtg. 12n-2p, Location TBA | 12 | 13 | 14 <i>Flag Day</i> |
| 15 <i>Father's Day</i> | 16 | 17 WO:EC Admin Mtg Thompson RM 11 8:30a-10a | 18 Intake SEMINAR 3 10:30a-12n | 19 | 20 | 21 <i>1st Day of SUMMER</i> |
| 22 | 23 | 24 WO:EC Admin Mtg Cafeteria 8:30a-10:30a | 25 Intake RM346 10:30a-12n | 26 | 27 | 28 |
| 29 | 30 | | | | | |

July 2008

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|-----|------------------------------|-----|
| | | 1 WO:EC Admin Mtg Cafeteria 8:30a-10a FAC, 6p-8p, KERR Chapel | 2 Intake RM346 10:30a-12n | 3 | 4 <i>INDEPENDENCE DAY</i> | 5 |
| 6 | 7 Executive Committee 12:15-1p Judge Waller's Courtroom/School Age project Op. Team meets immediately after in Judge Waller's jury room. | 8 WO:EC Admin Mtg Cafeteria 8:30a-10a | 9 Intake RM346 10:30a-12n Steering Com. Mtg. 12n-2p, Aud E & W / Childcare SEM 2 | 10 | 11 | 12 |
| 13 <i>Training Institute SOC Conference Nashville TN</i> | 14 E-Team, 12:30-2pm | 15 WO:EC Admin Mtg Thompson RM 11 8:30a-10a | 16 Intake RM346 10:30a-12n | 17 | 18 | 19 |
| 20 | 21 | 22 WO:EC Admin Mtg Cafeteria 8:30a-10:30a | 23 Intake RM346 10:30a-12n | 24 | 25 | 26 |
| 27 | 28 | 29 WO:EC Admin Mtg Cafeteria 8:30a-10a | 30 Intake RM346 10:30a-12n | 31 | | |

August 2008

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---|---|---|--------------|-----|
| | | | | | 1 | 2 |
| 3 | 4 Executive Committee 12:15-1p Judge Waller's Courtroom/School Age project Op. Team meets immediately after in Judge Waller's jury room. | 5 WO:EC Admin Mtg Cafeteria 8:30a-10a FAC, 6p-8p, Location TBA Coordinating Council 1-5p TBA | 6 Intake RM346 10:30a-12n | 7 | 8 | 9 |
| 10 | 11 E-Team, 12:30-2pm | 12 WO:EC Admin Mtg Cafeteria 8:30a-10a | 13 Intake RM346 10:30a-12n Steering Com. Mtg. CANCELLED FOR THE SUMMER | 14 | 15 | 16 |
| 17 | 18 | 19 WO:EC Admin Mtg Thompson RM 11 8:30a-10a | 20 Intake RM346 10:30a-12n | 21 AFSCME Meeting 4:30p-6:00p, 60th & Burnside | 22 | 23 |
| 24 | 25 | 26 WO:EC Admin Mtg Cafeteria 8:30a-10:30a | 27 Intake RM346 10:30a-12n | 28 | 29 PAYDAY | 30 |
| 31 | | | | | | |



Enjoying Family Fun Night at the bowling alley.